

For all infectious diseases, take responsibility for the health of the school community seriously and follow hygiene measures such as wearing a mask, keeping your distance, and washing your hands frequently.				
Medical complaint	Symptoms	Incubation period	Readmission to school	Doctor's note required for readmission
High temperature over 37.3° C;			Normal temperature for 48 hours (unless otherwise instructed by the Shanghai Municipal Education Commission)	No
Cough, shortness of breath, difficulty breathing			No symptoms	No
COVID-19	Fever (armpit temperature higher than 37.3 °C), fatigue, aches and pains, cough, shortness of breath, vomiting, diarrhea etc.	1-14 days	At least 48h fever-free, and no earlier than 48h after the last diarrhea or vomiting. Otherwise according to the current guidelines of the Shanghai Municipal Education Commission (see homepage).	No
Infectious conjunctivitis	Red, itchy eyes; formation of discharge	5-12 days	No more discharge or redness visible	No
Vomiting, diarrhoea, (cause unknown)			48 hours after last bout of vomiting or diarrhoea; after first aid consultation, or exception in cases of migraine, travel sickness etc.	No
Norovirus infections; rotavirus infections; salmonella, campylobacter infections	Nausea; vomiting; diarrhoea, stomach cramps; high temperature	Norovirus infections: 1-2 days, rotavirus infections: 1-3 days, salmonella: 6-72 hours, campylobacter infections: 1-10 days	At least 48 hours after last bout of vomiting or diarrhoea. In the case of norovirus, 72 hours after last bout of vomiting or diarrhoea. Follow hygiene rules	Yes
EHEC infection	Bloody diarrhoea; stomach pains; nausea; vomiting	2-10 days	Recovery and 3 negative stool samples	Yes
Hand, foot and mouth disease (incl. B08.4)	High temperature; sore throat; headache; aphthous mouth ulcers; skin rash on palms of hands and soles of feet	4-7 days	2 weeks after diagnosis (health authorities' guidelines)	Yes
Hepatitis A and E	Malaise, fatigue, gastrointestinal symptoms, itching (yellowing of the skin/eyes), weight loss; aching joints	15-50 days	1 week after yellowing of skin and eyes	Yes
Herpangina incl. B08.5	High temperature; blisters or sores on the gums or pharynx; loss of appetite, sore throat, headache, neck pain	1-5 days	2 weeks after diagnosis	Yes
Haemophilus influenza B (Hib)	High temperature, flu-like symptoms, severe headache, photophobic	2-4 days	After administering antibiotics and on recovery	Yes
Impetigo contagiosa (ringworm)	Pustules; yellow scabs; itching	2-10 days	24 hours after administering antibiotics, otherwise once healed up	Yes
Influenza (flu)	Typical flu symptoms	1-2 days	On recovery	Yes

<b>Whooping cough (Pertussis)</b>	Cold symptoms, hoarseness; high temperature; cough ranging from mild to intense coughing bouts with thick mucus	7-20 days	5 days after start of course of antibiotics, after three weeks with no course of antibiotics	Yes
<b>Headlice</b>	Itching on head, back of neck, behind the ears	Written confirmation of treatment from parents	After 1st treatment with a compound recommended by the Robert Koch Institute e.g. Nyda	No, daily check carried out by parents, 2nd treatment after 8 days
<b>Scabies</b>	Inflammation of the skin on wrists, between fingers and toes, in the navel and the chest and armpit area	14-42 days	After therapy and once healed up	Yes
<b>Pneumonia</b>	High temperature, productive or dry cough, chills, shortness of breath (in severe cases)	A few hours to several weeks	On recovery	Yes
<b>Measles</b>	High temperature; conjunctivitis; cough; enanthem of the oral mucosa "Koplik spots"; crimson confluent rash (exanthem) starting on the face and behind the ears	8-14 days	On recovery, at least 5 days after the start of the rash	Yes
<b>Meningococcal meningitis</b>	Severe flu-like symptoms: high temperature; severe malaise, worsening headache becoming increasingly unbearable; photophobia	2-10 days	On recovery, at least 24 hours after starting course of antibiotics, prophylactic treatment with antibiotics for up to 10 days after contact a sensible precaution	Yes
<b>Mumps</b>	High temperature; swelling of parotid gland, unilateral or bilateral; pain when chewing	12-25 days	On recovery, at least 10 days after first swelling of gland	Yes
<b>Stomatitis</b>	High temperature, severe pain; reddening of the mouth; aphthous mouth ulcers, swelling of lymph nodes	2-12 days	On recovery	No
<b>Glandular fever</b>	Flu-like symptoms; swelling of lymph nodes; thickly-coated tonsils; bad breath, swelling of the spleen	7-30 days	On recovery	No
<b>Fifth disease (erythema infectiosum)</b>	Flu-like symptoms, butterfly-shaped rash on face; circular migrating rash on whole body	7-14 days	On first appearance of rash	No
<b>German measles (rubella)</b>	rash (exanthem) consisting of small spots starting on the face and spreading over the whole body; headache; swelling of lymph nodes; conjunctivitis	14-21 days	On recovery, at least one week after first appearance of rash	Yes
<b>Scarlet fever, Streptococcus A-tonsillitis (strep throat)</b>	Rash (exanthem): small raised spots (papules) on upper body, spreading to palms of hands and soles of feet; strawberry tongue; perioral pallor; high temperature; headache and sore throat; difficulty swallowing; swelling of lymph nodes; red, coated tonsils	1-3 days	24 hours after start of course of antibiotics, otherwise on recovery, approx. 2 weeks	Yes

<b>Tuberculosis</b>	Chronic slight temperature, night sweats, weight loss, painful breathing, chest pains	6-7 weeks after medical consultation	Proof of negative test	Yes
<b>Chicken pox</b>	Itchy rash (exanthem) with small blisters and scabs ("starry sky") on skin and mucous membranes, high temperature	8-28 days	After blisters have healed up, approx. 1 week	Yes
<b>Shingles</b>	Pain and blisters restricted to dermatome		After blisters have healed up, approx. 1 week	Yes

Based on the Aachen table (Aachener Tabelle) (recommended by the Robert Koch Institute) and guidelines of the Shanghai Municipal Center for Disease Control & Prevention

<http://kks-brand.de/cms/images/stories/wiederzulassungstabelle.pdf>